**FEPSAC Certification: Check-list**

Please indicate the evidence for each individual criterion in the third column of the table. In addition, please state the corresponding page number(s) in the corresponding PDF-File in the fourth column. In addition, please sign the statement on data protection at the end of this document.

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| --- | --- | --- | --- |
| Criteria | Requirements | What evidence is being submitted? Please be as clear as possible for each of the sub-criteria you’re submitting evidence to. | What page number(s) of the PDF-File/ Portfolio can this evidence be found? |
| **1. Higher education qualification** | **Bachelor and Master degree (or equivalent) with minimum 240 ECTS. At least 60 ECTS as part of the master degree should be in one of the following areas: Sport Science, Psychology, Sport Psychology** | *Do you have a Bachelor degree? If yes, in which area?* | *Leave free if not relevant* |
| *Do you have a Master degree? If yes, in which area?* | *Leave free if not relevant* |
| *Do you have an equivalent qualification? If yes, in which area?* | *Leave free if not relevant* |
| **2. Specialization in sport psychology** | Criterion is optional if master degree (above) is in Sport Psychology. | *Do you have a Master degree in Sport Psychology? If yes, you automatically fulfill this criterion and would not need to show additional evidence for the specialization. If not, please indicate the evidence for each of the following sub-criteria.* | *Please leave free* |
| **750 hours or 30 ECTS in the following activities:** |  | *Please leave free* |
| Accredited postgraduate courses or workshops or legally established programs, or workshops led by SASP, certified sport scientist, or sport psychologist (min. 450 hours) | *Did you do any of the courses mentioned in the box on the left? If yes, please specify:* | *Leave free if not relevant* |
| Attending or presenting at a professional or scientific conference (max. 150 hours) | *Did you attend or present at a conference? If yes, please specify (hours, place, content of the course):* | *Leave free if not relevant* |
| Authorship of publications or editorial work (each worth 75 hours, max. two publications = max. 150 hours) | *Are you the author of publications or did you do any editorial work? If yes, please specify:* | *Leave free if not relevant* |
| **3. Applied practice and supervision/intervision** | Please fill out the table “Applied practice and supervision/intervision - LOG” (see further below in this document) for this criterion. | | |
| **4. Culturally competent practice in sport and exercise psychology** | **A) At least 3 international elements to the education, specialization, and/or applied practice. This includes:** |  | *Please leave free* |
| Participation in European-facing activities such as European Conferences, workshops, events, or forums | *Did you participate in any of the activities mentioned in the box on the left? If yes, please specify:* | *Leave free if not relevant* |
| Language skills other than native language | *Do you have any language skills other than your native language? If yes, please specify:* | *Leave free if not relevant* |
| Period of educational or professional activity with stakeholders from different countries and cultures | *Did you have any period of educational or professional activity with stakeholders from different countries and cultures? If yes, please specify:* | *Leave free if not relevant* |
| Period of educational or professional activity abroad for at least 4 months | *Did you have any educational or professional activity abroad for at least four months? If yes, please specify:* | *Leave free if not relevant* |
|  | **B) Signed FEPSAC position stand on culturally competent practice in sport and exercise psychology** | *Did you sign the FEPSAC position stand on culturally competent practice in sport and exercise psychology?* | *Please indicate the page numbers in the PDF file* |
| **5. Ethics** | **Signed position stand on ethical principles** | *Did you sign the FEPSAC position stand on ethical principles?* | *Please indicate the page numbers in the PDF file* |
| **6. Financial and membership requirements** | **FEPSAC Membership** | *Are you a FEPSAC individual member?* | *Please indicate the page numbers in the PDF file* |
| **Certification Fee (150 Euros/ 75 Euros for applicants working in low economic countries)** | *Did you pay the certification fee?* | *Please indicate the page numbers in the PDF file* |

**Applied practice and supervision/intervision - LOG**

Applied practice should be reported session per session and documented in the LOG below. Please report no more than 200 hours.

Supervision is to be understood as the number of hours of individual or group discussions on specific cases and/or situations met during applied practice, with a psychologist or sport psychologist. Hours should be reported session per session and documented in the LOG below. A signed letter from supervisor including supervisor’s short bio and/or CV + contact information should be attached to the application.

Intervision is to be understood as the number of hours of group discussions with peers from the sport psychology field. Hours should be reported session per session and documented in the LOG below. A signed letter from peers with a short bio of some peers + contact information should be attached to the application.

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **A) 200 hours of documented practice.** Please document the details of your practice using the table to the right.  **This includes:** | Please leave grey area blank for the FEPSAC office | | | | | | |
| Individual counseling including face-to-face counselling meeting as well as other ways of communication Note: Each 1-hour meeting amounts to 2 hours of applied practice (minimum 25 hours) | Date | Duration of applied practice | Place | Sport | Name of supervisor (optional) | Other information (optional) | Page number in the PDF |
| *26/11/2019* | *1h (2h)* | *INSEP - Paris* | *Rugby* | *Jean Fournier, PhD* | *Imagery* | *XX* |
|  |  |  |  |  |  |  |
| Add additional lines as necessary |  |  |  |  |  |  |
| Total duration | *xxh (yyh)* | Please leave grey area blank for the FEPSAC office | | | | |
| Group or team consultation including face-to-face counseling as well as other ways of communication with the full team or a substantial part of it.  Note: Each 1-hour meeting amounts to 3 hours of applied practice (minimum 25 hours) | Date | Duration of applied practice | Place | Sport | Name of supervisor (optional) | Other information (optional) | Page number in the PDF |
| *25/11/2019* | *1h (3h)* | *INSEP - Paris* | *Rugby* | *Jean Fournier, PhD* | *Goal setting* | *XX* |
|  |  |  |  |  |  |  |
| Add additional lines as necessary |  |  |  |  |  |  |
| Total duration | *xxh (yyh)* | Please leave grey area blank for the FEPSAC office | | | | |
| Educational activity in the form of presentations in the topic of applied sport psychology to audiences such as athletes, coaches, or athlete’ parents.  Note: Each 1-hour meeting amounts to 2 hours of practice (optional, maximum 60 hours) | Date | Duration | Place | Sport | Name of organiser | Topic | Page number in the PDF |
| *24/11/2019* | *1h (2h)* | *INSEP - Paris* | *Tennis* | *Fr Fed Tennis* | *Attentional focus* | *XX* |
|  |  |  |  |  |  |  |
| Total duration | *xxh (yyh)* | Please leave grey area blank for the FEPSAC office | | | | |
| **TOTAL OF APPLIED PRACTICE HOURS**  Please sum the total of individual, group, and educational hours from above. |  | | | | | | |
| From the evidence given above, at least 10 hours should be in training and competition experience. For example, interventions during training or at a competition, on-site exposures or observation with feedback. Specify this under “place”  Note: Copy-paste here these hours from those reported above. | Date | Duration | Place (i.e., competition or training) | Sport | Name of supervisor (optional) | Summary of content (optional) | Page number in the PDF |
| *26/11/2019* | *1h* | *Training* | *Rugby* | *Jean Fournier, PhD* | *Imagery* | *XX* |
|  |  |  |  |  |  |  |
| Add additional lines as necessary |  |  |  |  |  |  |
| Total duration | *xxh* | Please leave grey area blank for the FEPSAC office | | | | |
| **B) 50 hours of supervision and/or intervision. This includes:** | Please leave grey area blank for the FEPSAC office | | | | | | |
| At least 20 hours of individual supervision with an appropriate supervisor. Under place specify in-person meetings and their location, or electronic meetings (eg skype) | Date | Duration | Place | Summary of content (optional) | Name of supervisor | | Page number in the PDF |
| *27/11/2019* | *1h* | *Skype* |  | *Alexis Ruffault, PhD* | | *XX* |
|  |  |  |  |  | |  |
| Add additional lines as necessary |  |  |  |  | |  |
| Total duration | *xxh* | Please leave grey area blank for the FEPSAC office | | | | |
| Maximum 20 hours of group supervision with an appropriate supervisor | Date | Duration | Place | Summary of content (optional) | Name of supervisor | | Page number in the PDF |
| *28/11/2019* | *2h* | *University of Paris* |  | *Alexis Ruffault, PhD* | | *XX* |
|  |  |  |  |  | |  |
| Add additional lines as necessary |  |  |  |  | |  |
| Total duration | *xxh* | Please leave grey area blank for the FEPSAC office | | | | |
| Maximum 10 hours of peer intervision with person(s) experienced in sport psychology practice | Date | Duration | Place | Summary of content (optional) | Name of peer(s) | | Page number in the PDF |
| *10/05/2019* | *2h* | *University of Paris* |  | *Elodie Delaunay* | | *XX* |
|  |  |  |  |  | |  |
| Add additional lines as necessary |  |  |  |  | |  |
| Total duration | *xxh* | Please leave grey area blank for the FEPSAC office | | | | |

Statement on data protection

Yes, I consent to FEPSAC collecting and processing my personal data in accordance to the General Data Protection Regulation (GDPR), to administer my application for the FEPSAC certificate for Specialist in Applied Sport Psychology (SASP).

I have read and accepted the terms and conditions ([see FEPSAC’s privacy notice](http://www.fepsac.com/index.php?cID=240)).

I would like to receive and be notified about information from FEPSAC (Please check one box). YES 🞏 NO 🞏

You can ask us to stop any time, if you don´t want to be contacted by FEPSAC by sending an email to office@fepsac.com.

Finally, I certify that all information provided in the application (including the translations) for the FEPSAC certificate for Specialist in Applied Sport Psychology (SASP) is true, complete and accurate to best of my knowledge.

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Date, Place Signature