



FEPSAC Newsletter European Federation of Sport Psychology (FEPSAC)

Xavier Sanchez^a, Julian Fritsch^b

^a Halmstad University, Sweden

^b University of Thessaly, Greece, and University of Copenhagen, Denmark

Welcome to this new Issue of the FEPSAC Newsletter – *Fédération Européenne de Psychologie des Sport et des Activités Corporelles* (European Federation of Sport Psychology).

FEPSAC MC Meeting in Halmstad

The last FEPSAC MC meeting took place in Halmstad, Sweden (March 27-29, 2019) organised by Xavier Sanchez. During the days spent in Halmstad University, in addition to the MC meetings usually scheduled, two events took place on the 28 of March. In one, Markus Raab and Nadine Debois addressed students from both Halmstad University and Malmö University within the scope of the RIU programme (National Sport University label gained by these two institutions recently); they talked about dual careers in university students and elite athletes. In the other, organised and funded by the Swedish Football Association, Anne-Marie Elbe, Maurizio Bertollo and Karin Moesch discussed with members of the Board different issues revolving around football, elite sport and mental health.

During the MC meeting, FEPSAC took final decisions on the applications in the pilot-phase of the guidelines for a European certification of specialists in applied sport psychology. We would like to use this opportunity to thank all applicants for their submissions and congratulate those who are now officially certified. As the certification will be officially launched very soon, stay tuned for further information! The MC meeting further involved final preparatory steps for the Congress in Münster, the preparation of the next General Assembly to be held in Münster, decisions on the FEPSAC internship grant, and the establishment of a new FEPSAC website.

FEPSAC Internship Grant

As gaining experience in an internship abroad is an important step in the professional development, in the last year FEPSAC had announced two internship grants of each 500 Euros. The application deadline for the first round was on 20th of March 2019 and decisions on the applications were made during the MC Meeting in Halmstad. We congratulate Grzegorz Wieclaw, a practitioner from Gliwice in Poland, and Reisha Hull, a Phd Student from the London South Bank University, on receiving each the FEPSAC internship grant. Please visit our website

<https://doi.org/10.1016/j.psychsport.2019.101540>

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if you are interested to apply for the internship grant in the next year: http://www.fepsac.com/activities/internships/internship_grants/

FEPSAC Congress in Münster 2019

The 15th European Congress of Sport and Exercise Psychology is fast approaching. All those who submitted abstracts for the Congress have received an email with the output from the reviewing process. We would like to thank all authors as well as reviewers and, specifically, the Scientific Committee of the Congress for their tremendous work! Well done to everyone.

Please be aware that the standard registration is open until June 1st and the late registration until July 1st. There are several registration options and individual FEPSAC members as well as individual members of FEPSAC group members (aka Individual Delegate Member on the conference website registration menu) are entitled to a reduced registration fee. The registration fee includes access to all scientific programme (except the pre-congress workshops), access to applied workshops (note that some have a limited capacity), access to social programme, coffee breaks and snacks, opening ceremony, and welcome reception, closing ceremony, admission to exhibitions, a free city bus ticket, congress material, and access to wireless internet. You can find more information regarding the registration fees on the website: <https://www.fepsac2019.eu/congress-fees/>

When it comes to accommodation, the Organising Committee of the Congress has reserved a wide-variety of hotel rooms. Furthermore, students from the Münster University will organize a low budget accommodation in the sport facilities with a small breakfast. First come, first served basis – places are limited. Please find more information about it all on the Congress website: <https://www.fepsac2019.eu/book-your-room-for-the-fepsac-2019-congress/>

Moreover, the Organising Committee is working in collaboration with CoreApps on developing an accompanying app for the FEPSAC 2019 Congress. This app will launch in both the Google PlayStore and the Apple Appstore before the start of the Congress and will work on both mobile phones and tablets. To keep you always up-to-date it will contain information regarding the programme, keynotes, abstracts, sponsors and many more.

Finally, we would like to remind you all a couple of things that were already mentioned in the last issue of the FEPSAC Newsletter:

- 1) On occasion of the 50th Anniversary of FEPSAC, there will be a FEPSAC book edited by Anne-Marie Elbe and Roland Seiler devoted to topics portraying the development of FEPSAC in the last 50 years. This book includes a wide range of chapters such as FEPSAC's milestones, the certification process, and an overview of the FEPSAC congresses. A hardcopy of the book can be ordered during the registration process for 15 euros and will be handed to you at the Congress in Münster.
- 2) The organising committee is currently running a photograph contest. For this, you may post your best photo that shows your relatedness to FEPSAC and that includes the conference flyer or logo (to be downloaded from the congress website). Monthly, until June, there will be a winner receiving 50 euros. Further details available following this link: <https://www.fepsac2019.eu/fepsac-around-the-world/>
- 3) Don't forget your sport clothes! The congress fee includes participation to both the conference programme and a wide variety of sporting activities that will be available. These sports are all near to the congress venue and include, among others, several running sessions around the Promenade and the beautiful Aasee. Furthermore, it will be possible to use a state-of-the-art gym is free of charge. Lastly, the organisers will provide a number of bicycles that will give everyone the opportunity to explore the city of Münster and surroundings.
- 4) Last but not least, note that childcare during the FEPSAC Congress will be available. A team of certified childcare professionals will be onsite from Monday 15th July to Friday 19th July (8:30am to 6:00pm). Those who may be interested please contact fepsac2019@uni-muenster.de to personalise the service: <https://www.fepsac2019.eu/child-care/>

FEPSAC Evening at ECSS 2019

Similar to the Congresses of the European College of Sport Science (ECSS) held in Essen in 2017 and in Dublin in 2018, FEPSAC organise a networking evening for all those interested in sport and exercise psychology that are attending the ECSS Congress in Prague, Czech Republic, in 2019. The evening, open to all, will take place on the 5th of July at 8:30pm at the "Pivovar Basta". FEPSAC members will enjoy a free drink. Please send an email to office@fepsac.com by the 15th of June should you like to join us in Ireland for such event.

FEPSAC and social media – keep in touch with FEPSAC

Facebook

(<https://en-gb.facebook.com/people/Fepsac-SportPsy/100010095409342>)

Twitter

(https://twitter.com/FEPSAC_MC)

LinkedIn

(<https://be.linkedin.com/in/fepsac-european-federation-of-sport-psychology-488b7a149?trk=pub-pbmap>)

On behalf of the MC, we would like to thank all those who contributed to the making of this Newsletter. We look forward to receiving more contributions for the forthcoming Issues so please do not hesitate to keep sending them by email to office@fepsac.com