

POSTER FOR CANDIDATURE ELECTIONS FEPSAC MC 2011-2015

Madeira, Portugal - Friday 15 July



Prof. Alberto Cei

Italian Society of Sport Psychology (SIPsiS)

Candidate for the position of Treasurer

Alberto Cei is a psychologist, he took his degree at the University of Rome "La Sapienza" and he is professionally licensed in Clinical Psychology.

Since 1982 he is consultant of corporations, sport professional teams and top level athletes. He works on programs to coach individuals and groups, working in high stressed and competitive contexts to perform up their optimal levels. His areas of intervention include the identification of the individual and interpersonal skills through a 360° approach, the promotion of an effective leadership and team building, the development of the readiness to cope with the change.

In the last 20 years he worked with many Olympic medallists of different sports (volleyball, shooting, sailing, canoeing, fencing, golf) football and volleyball professional teams and top level referees. He participated at the last four Summer Olympic Games. Alberto Cei with Enhanced Performance Systems, San Diego, USA, promotes in Europe systems to assess the attentional and interpersonal styles of top performers in business and sport and high potentials.

He has written several books, four of these, *Mental Training*, *Coaching to the New Challenges*, *Mental training for shooters*, and *To cope with stress*, present specific programs to enhance the performances in pursuing the excellence. He is managing editor of the *International Journal of Sport Psychology* and president of the Italian Society of Sport Psychology.

In the last four years he played the role of Fepsac treasurer, establishing with the Managing Council, rules, procedures and policy for this role. It has been an exciting experiences to build through the new website direct and fruitful contacts with the Group and the Individual members with the aim to offer them new services and new reasons to join Fepsac.

Many other things are needed to build Fepsac as well established and recognized organization in Europe, for this reason I decided to candidate myself for the next Managing Council.

