

Welcome address of the FEPSAC President

On behalf of the European Federation of Sport Psychology FEPSAC it is my great pleasure to welcome sport psychologists from all over the world to participate in the 12th European Congress of Sport Psychology. The congress is organised by the University of Thessaly and the Greek Society of Sport Psychology under the auspices of FEPSAC.

The general congress theme "Sport and Exercise Psychology – Bridges Between Disciplines and Cultures" will allow scientific contributions from all areas of sport psychology. But the topic has also been chosen with the aim to relate both to the diversity of the European cultures and to related scientific fields. On the European continent, more than 15 years after the fall of the wall, international co-operation in research, education and also application are becoming reality, but still many efforts are needed to go beyond the boundaries in our heads and to integrate important elements from other countries and language regions. The complexity of the sport and exercise area frequently questions singular theories and methods. Instead, interdisciplinary approaches are required, and mutual exchange and understanding across disciplines is an indispensable prerequisite.

The history of European Congresses of Sport Psychology dates back to the year 1968. In all the previous congresses, the strive for scientific quality and academic progress has been a major challenge for FEPSAC, but also to allow and foster contacts and informal exchange among sport psychologists from Europe and all over the world. The 12th European Congress in 2007 is located in the beautiful area of the peninsula of Halkidiki, close to the famous Mt. Athos in northern Greece. Hosted in a big and comfortable resort, the external conditions are favourable to make the Congress not only a scientific but also a social event for the growing community of sport psychologists in Europe.

I do hope that many participants will find their way to Halkidiki and, while sharing their own research results with others, contribute to the scientific quality of the congress and to interesting discussions with peers and friends. I am convinced that, apart from many interesting professional and scientific contacts, experiencing Greek hospitality is an important reason to come to Greece in 2007.

I wish the organisers successful preparation, not to lose patience with delayed registrations and answers, and good weather conditions during the congress!

I look forward to see you in September 2007 in Greece!

Roland Seiler
President of FEPSAC

Welcome address of the Congress Director

During the 10th World Congress of Sport and Exercise Psychology you experienced a well-organised scientific congress and explored Skiathos, one of the most beautiful Greek islands. Now, it is time for a new adventure: Halkidiki is the destination. A great week, full of academic advance, relaxation, and excellent social life is the target. Do not miss the opportunity for an unforgettable experience.

Above all, this congress is open towards new perspectives and approaches from psychology and other social science, new theoretical approaches, new research methods, new perspectives on the applicability of psychology to sport, exercise and physical activity, and finally new “Bridges Between Disciplines and Cultures”.

Yannis Theodorakis
Congress Director