

POSTER FOR CANDIDATURE ELECTIONS FEPSAC MC 2011-2015

Madeira, Portugal - Friday 15 July



Title First name Last name: Drs Vana Hutter

Name of group member (abbreviation): VSPN

Candidate for the position of

- Regular member

Vana Hutter is working at the Faculty of Human movement Sciences of the VU university in Amsterdam, the Netherlands. She is one of the founders, teacher and program manager of the post-master program in applied sport psychology at the VU University. As such she is interested in effective practice in sport psychology and the development of professionals in sport psychology, through learning experiences, peer-consultation and supervision.

Apart from managing this program, she teaches professionals in the world of sports, both in sport psychological and physiological topics. Vana's aim is to provide professionals with applicable knowledge and skills that are grounded in sound theoretical backgrounds, hereby. She equally likes to do research, consult and teach. Vana is registered as VSPN applied sport psychologist and VSPN sport psychology teacher. In her work she combines her enthusiasm for sport psychology with managerial experience and an interest in effective teaching methods. The past 8 years she has been teaching in the European Master program in sport and exercise psychology. During this period she was involved in the curriculum development committee of the program.

Vana is currently acting as president of the VSPN (the Dutch Sport psychology Federation) and has 'served' two terms in the managing council of the VSPN. During these terms a.o. the accreditation system in sport psychology was introduced and executed by the managing council. Moreover a code of conduct was established. We are currently continuing the work to enhance quality and professional development in all areas of sport psychology. In her free time Vana likes to do and watch sports, design clothes and ride her motor bike. She lives on a houseboat and spends sunny days boating around on the beautiful canals of Amsterdam.

Vana can be characterised as enthusiastic, out-going and pro-active.

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Title First name Last name:

- Professor Markus Raab

Name of group member (abbreviation):

- German Association of Sport Psychology (asp e.V.)

Candidate for the position of (delete what is not appropriate)

- Regular member

My name is Markus Raab and I am Head of the Institute of Psychology at the German Sport University, Cologne. I have been associated with FEPSAC for a long time. As a PhD student I was motivated by a FEPSAC young investigator award and published my first paper in Psychology of Sport and Exercise (PSE). Since then, I have supported the European Network of Young Specialists Sport Psychology (ENYSSP) by presenting at their annual international workshop, and I have been a member of PSE's editorial board. Last conference one of the PhD students working with me received the FEPSAC young investigator award and I would like to give back some of the support and acknowledgements I received from this association.

I would like to be a regular member of the FEPSAC managing council because my aim is to help FEPSAC members build networks for Europe-wide activities. For instance, applying for funding at the EU commission for developing collaborative research. I think such research-oriented task guided by the managing council would benefit all members by increasing the chances for funding from European bodies at a time when most of our institutes receive reduced government support. I have recently built a network of scientists including sport psychologists to study the relation between thought and action (Embodiment) and applied for funding for a research programme at the European Research Council (Embodiment). I do believe that by combining competencies and networks within FEPSAC we raise our profile and thereby increase our chances for external funding which would greatly advance the field and provide new opportunities for European-wide activities.

Both the Institute of Psychology and the German Sport University are already committed and very active in Europe-wide activities including PhD supervision in Europe, the Erasmus program, and the support of the European Network of Sport Science Education and Employment (ENSSEE).

As a regular member of the FEPSAC managing council, I would be delighted to help in any other tasks that require and benefit from my experience.

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Dr. Antonis Hatzigeorgiadis

Name of group member (abbreviation): Hellenic Society of Sport Psychology (HSSP)

Candidate for the position of Regular member

Taking my chances at 'home ground', I was first elected member of the FEPSAC MC during the previous European congress held in Halkidiki, Greece. Four years later, wiser (or so I think) and much busier, I'm taking the challenge 'away' and looking forward renewing my commitment and contribution for the development of FEPSAC.

I am Assistant Professor at the Department of Physical Education and Sport Sciences of the University of Thessaly in Greece. I received my first degree in Physical Education and Sport Sciences at the Democritus University of Thrace and my MSc in Sport and Exercise Psychology at the University of Exeter. Supported by a scholarship for doctoral studies by the Hellenic State Scholarships Foundation I completed my PhD at Loughborough University. I was awarded FEPSAC's Young Investigator's Award in the 1999 congress. In 2003 I was appointed Lecturer at the Department of Physical Education and Sport Sciences at the University of Thessaly and became Assistant Professor in 2008. My research involves issues within the sport psychology field with particular interest in cognitive processes. More specifically, my research mainly focuses on anxiety, coping and mostly self-talk. I am member of the Managing Council of the Hellenic Society of Sport Psychology.

As member of the previous MC, I proposed and coordinated a FEPSAC research project aiming to investigate the role of youth sport participation for the promotion of social integration in multicultural societies. With the invaluable contribution of my colleagues Anne-Marie and Xavier, the project has developed in 6 European countries and is still going. We plan to extend this project and progress after the completion of the research phase to the development of appropriate applications and interventions. Apart from that, and most importantly, as member of the previous MC, I had the chance to work in a very motivated and cohesive group aiming to advance and promote the role of FEPSAC in the European and International Sport Psychology settings. I feel that we have managed to a satisfying degree to accomplish our goals. Having said that, there is always more to achieve, and I'm very enthusiastic to meet the new challenges that lie ahead.

Hoping for your support to continue my exciting 'FEPSAC-journey',

best wishes to everybody to enjoy the conference

Antonios Hatzigeorgiadis

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Xavier Sanchez (PhD, CPsychol)

Associació Catalana de Psicologia de l'Esport (ACPE)

Candidate for the position of Secretary-general

Four years ago, in Halkidiki, I was elected as a Regular Member for FEPSAC 2007-2011 Managing Council (MC). This year, after considering the views of both current MC colleagues and my close family, I have decided to run for the position of Secretary General.

I was born near Barcelona though I will soon have lived longer 'abroad' than 'at home': Belgium, France, Croatia, back to Belgium, the United Kingdom, and currently The Netherlands. I joined the University of Groningen the summer Spain defeated *Holland* in the last World Cup Final!

During the last four years in the MC, I have had the opportunity to work with an amazing group of colleagues and hope to have contributed to develop the field of sport and exercise psychology further. Amongst other duties, I have edited the FEPSAC Newsletter (18 so far), which is published in *Psychology of Sport and Exercise*. This would not have been possible without the contribution of colleagues worldwide; thus, I take this opportunity to publically thank them all.

Other tasks carried out within the MC include: liaising with other sport psychology associations such as ENYSSP and APA; organising with Antonis Hatzigeorgiadis this year's Young Investigator Awards, for which we secured Elsevier sponsoring; running with Martin Hagger a workshop in *Publishing* in ISSP, BPS-DSEP, SFPS, ENYSSP, and a full-day pre-conference event in Madeira (the latter also with Mike Weed); and developing a research programme with Anne-Marie Elbe, led by Antonis, on "the role of sport as an integrative tool in multicultural societies", which has recruited partners in the UK, Denmark, Spain, Greece, The Netherlands, and Germany.

The prospect of being part of this new MC team appears to me as an exciting opportunity to keep bringing together my commitment to Europe and my passion for sport and exercise psychology. I am convinced that my past experience, which include being a founding member of the French-speaking Belgian Sport Psychology Society and being the first President of the European Network of Young Specialists in Sport Psychology, has prepared me for the Secretary General role.

I hope FEPSAC members will trust my work capacity, determination and enthusiasm and will, therefore, support my candidacy for Secretary General in this election.

I look forward to seeing you all during the conference!

Kind regards, Xavier Sanchez

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Prof. Paul Wylleman

Vlaamse Vereniging voor Sportpsychologie (VVSP)

Candidate for the position of President

Background in FEPSAC As past-President I contributed together with the past Managing Council to FEPSAC's development via (a) increasing return to group (e.g., reduced congress fees for members of group members) and individual members (e.g., electronic access *Psychology of Sport and Exercise*, intranet-services) and member communication (e.g., website, newsletter); (b) reduced congress fees for students and members of economically challenged countries; (c) linking with European psychology and sport organisations (European Federation Psychology Associations; European College Sport Sciences; European Network Young Specialists Sport Psychology) and the European Community's Sport Unit; (d) initiating a European continued professional education program; (e) ensuring a high quality 2011 FEPSAC Congress (e.g., elaborating Young Investigators Award); (f) organising FEPSAC's 40 year Anniversary (Paris, 2009); (g) ensuring quality candidatures for 2015 FEPSAC Congress.

Aims as candidate FEPSAC needs to enhance its services to individual and group members and its position as prominent European continental sport and exercise psychology organisation. As President I would lead the Managing Council in (a) increasing membership and return to members; (b) enhancing FEPSAC's status and organisation; (c) increasing frequency of FEPSAC activities (conferences, educational programs) and publications; (d) enhancing cooperation with psychology, sport, health and coaching organisations; (e) enhancing regional interaction among FEPSAC's members; (f) investigating European sport and exercise psychologists' accreditation and certification of high-quality continued professional education programs; (g) enhancing members' access to and distribution of (non-English) sport and exercise psychology publications.

Professional background As professor at the Vrije Universiteit Brussel I teach Sport psychology, Mental support services, Psychological aspects of leisure, HRM at the faculties of PE/Physiotherapy and of Psychology/Educational Sciences. I head the department "Topsport and Study" and research unit "Sport psychology and Mental support". Research includes elite athletes' career and life style management, quality of applied sport psychology services, and relationships in competitive sport. My CV includes peer-reviewed journal articles (32) (e.g., PSE, TSP), (co-)authored chapters (25), books (5), (inter)national keynote/invited lectures (103) and congress presentations (132). I am associate-editor of *Journal of Sport Psychology in Action* and on the editorial board of *Psychology of Sport and Exercise* and *International Journal of Exercise and Sport Psychology*. I have worked with athletes in elite sports school, at European, World Championships and Olympic Games. I initiated the *Forum of Applied Sport psychologists in Topsport* (FAST) bringing together applied sport psychology support providers in elite sport from around Europe. Finally, I coordinated the projects "Sport psychology support" and "Career support" for elite sports federations.

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Dr Nadine Debois

SFPS

Candidate for the position of

- Regular member

Nadine Debois is a PhD researcher in sport psychology since 2001. She works within the research department from the French National Institute of Sport, Expertise and Performance (INSEP) in Paris, France. She is also president of the French Society of Sport Psychology (SFPS) and a former track and field elite athlete. She is member of the FAST (Forum for Applied Sport Psychologists in Top-Sport) European group since 2004.

She works in research on lifestyle management and career development in elite sport. More specifically, she undertakes to identify how successful elite athletes reconcile with both educative/professional involvement, psychosocial life and sport achievement goals all along their sport career.

Nadine Debois also provides consulting services in performance psychology for elite athletes and seminars and lectures in sport psychology for coaches.

She would like to integrate the Managing Council of FEPSAC to contribute to the promotion in Europe of expert-level education and continued development in sport psychology for coaches and other support providers (e.g., applied sport psychologists, team managers) working in elite sport.

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Anne-Marie Elbe

Dansk Idrætspsykologisk Forum (DIFO)

Candidate for the position of regular member

Current Employment

Associate Professor for Sport Psychology, Department of Exercise and Sport Sciences, University of Copenhagen, Denmark

Previous Posts

Senior Lecturer for Sport and Exercise Psychology at the School for Psychology and Sport Science, Northumbria University, Newcastle, UK (10/06-01/07)

Lecturer and researcher in the department of Sport Psychology, Institute for Sport Science, University of Potsdam, Germany (04/01-09/06)

Qualifications

Post Doctoral Lectureship Qualification (Habilitation) in Sport Science (University of Potsdam, Germany in 2005)

Doctoral Degree (Ph.D.) in Sport Science (Free University Berlin, Germany in 2005)

State Examination for Secondary School teaching: Subjects English and Physical Education (Free University Berlin, Germany in 1998)

Professional Affiliations

Dansk Idrætspsykologisk Forum, German Association for Sport Psychology (asp), ENYSSP

Research Interests

Motivation and Volition, Talent, Applied Sport Psychology, Design of Sport Psychological Questionnaires, Cross-Cultural Comparison, Anti-Doping

Which tasks would I like to pursue in the FEPSAC Managing Council?

I would like to continue my work for the FEPSAC MC and further develop the FEPSAC website as well as the research project on multi-cultural societies in Europe.

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Mrs. Caroline R.F. Jannes

**The European Network of Young Specialists in Sport Psychology
(ENYSSP)**

Candidate for the position of : Regular member

Caroline Jannes is a Belgian applied sport psychologist, working in her private practice Psy4Sport, Ghent, Belgium, and at the Centre for Sports Medicine at the Ghent University, Belgium. She received a Master's degree in Psychology (option clinical psychology) at the Ghent University (BEL), and a second Master in Science degree in Sport and Exercise Psychology at the University of North Carolina at Greensboro (U.S.A.)

She consults athletes with sports injuries and clinical sport issues, and works on performance enhancement and resilience in sports. She works with individual athletes, trainers and clubs, and with several federations such as the Flemish Track and Field League, the Flemish Yachting Federation and the Belgian Bowling Sport Federation. Furthermore, she is involved in a Flemish project on mental counselling of top sport school coaches and athletes called "Blosso Expert platform Sport psychology". She also teaches the course "Sport and People Management" at the Catholic College Bruges – Ostend (KHBO), and teaches as an invited speaker at the Ghent University, Free University of Brussels, and KATHO-IPSOC College. Since 2009, she is involved in a research project on top level sailing at the Faculty of Sports Sciences at the Ghent University.

Caroline Jannes is the current president of the European Network of Young Specialists in Sport Psychology (ENYSSP) and a Managing Council member of the Flemish Sport Psychology Federation (VVSP). As president of ENYSSP, she has broadened the network of young specialists together with established institutions. She advocates the need for good education in young sport psychology students, the enhancement of skills in starting sport psychologists and sport mental coaches, and the collaboration of young researchers in sport psychology all over Europe. During her presidency, she chaired 2-day ENYSSP workshops in Barcelona (ESP), Bolzano (ITA) and Trikala (GRE) and is currently working together with KIHU (FIN) on the organisation of the next ENYSSP workshop in Jyvaskyla (FIN). She also puts emphasis on the support of young specialists in sport psychology in central and eastern Europe. As Managing Council member in VVSP, she chairs the workgroup "Psychodiagnostic" with the purpose to translate or develop questionnaires in sport psychology for the Flemish population.